

## NIBBLES

OLIVES  2.95

PADRÓN PEPPERS  3.95

PRETZEL MIX (V) 3.25

VEGETABLE CRISPS  2.95

TORTILLA CHIPS  3.95

PISTACHIO NUTS 2.95

## SMALL PLATES

We recommend 3 dishes each, or sharing 5 dishes between two

SALT AND PEPPER CALAMARI 6.95  
With a sweet chilli and lime dip

LOBSTER MAC N CHEESE<sup>†</sup> 6.95  
In a smoked applewood Cheddar sauce

GINGER TERIYAKI CHICKEN SKEWERS<sup>†</sup> 7.25  
Served with pickled vegetables and sesame seeds

STONEBAKED GARLIC FLATBREAD (V) 5.95  
With rocket and Italian hard cheese and a balsamic vinegar dressing

CHORIZO & HALLOUMI SKEWERS 6.75  
With pico de gallo salsa

PULLED CHICKEN TACOS 6.95  
Filled with pulled chicken, crushed avocado, red pepper, black beans, nacho crumb

CHILLI NON CARNE TACOS 6.50   
Filled with crushed avocado, chilli non carne, nacho crumb

SEASONAL MUSHROOM TEMPURA<sup>†</sup> 6.25   
Sesame & miso dip

HALLOUMI FRIES 6.25

HOUMOUS DUO 6.50   
Beetroot & apple houmous and classic houmous, served with flatbreads

SCOTTISH SMOKED HADDOCK CROQUETTES 6.95  
A smoked haddock and mature Scottish Cheddar filling served with tartare sauce and lemon dressing

## SHARING

Enjoy our chef's selection of flavours from around the globe. Perfect for two to share

THE GRAZING BOARD<sup>†</sup> 17.50  
Chorizo and halloumi skewers, teriyaki chicken skewers, salt and pepper calamari, houmous, flatbread and All Bar One nachos

TRIO OF FRIES 9.50  
Three buckets of fries: Fries with smoked paprika and saffron aioli, Fries with Parmesan, truffle oil and rosemary, Sweet potato fries with sour cream and Cajun dusting

ALL BAR ONE NACHOS (V) 9.95  
Topped with Monterey Jack cheese, salsa, sour cream, guacamole and jalapeños

Add chilli non carne (v) 2.00  
Add pulled chicken 3.00

BOX-BAKED CAMEMBERT & CHARCUTERIE 13.95  
Fennel salami, coppa ham, prosciutto crudo, red onion chutney, bread, olives and rocket

## OUR SIGNATURE BURGERS

All our burgers are served in a brioche bun with a dill gherkin and fries. Swap to sweet potato fries +1.00


THE BACON & CHEESE 12.95  
Handmade beef patty, bacon, smoked Cheddar and our signature burger sauce

THE CLASSIC 11.75  
Handmade beef patty with our signature burger sauce

THE CHICKEN 11.75  
Cornflake coated buttermilk fried chicken, lettuce, tomato and mayonnaise

THE SKINNY 11.25  
Handmade beef patty, half a bun, avocado and house salad instead of fries

THE MEXICAN 13.75  
Handmade beef patty, chilli non carne, Monterey Jack cheese, guacamole, nacho crumb and our signature burger sauce  
We love adding pulled chicken to this burger

THE PLANT-BASED 14.95   
The revolutionary Beyond Meat<sup>®</sup> burger that looks, cooks and satisfies like meat. Plant-based patty served with cheese alternative produced from coconut oil, vegan mayonnaise, lettuce, tomato and tobacco onions in an ancient grain bun

### MAKE IT YOUR OWN

Bacon 1.50 / Smoked Cheddar (V) 1.00 / Grilled halloumi (V) 1.00 / Extra patty 3.00  
Smashed avocado  1.50 / Chilli non carne  2.00 / Pulled chicken 3.00 / Fried egg (V) 1.00

## MAIN PLATES

PIRI-PIRI BONELESS CHICKEN 13.50  
Served with coleslaw and a choice of fries or house salad

8oz RIBEYE 18.95  
With Glenfiddich<sup>®</sup> whisky & mushroom sauce, watercress and seasoned fries  
Add pan-fried King Prawns 3.00  
Add onion rings 1.00

CHICKEN, GREENS & GRAINS 11.95  
Grilled chicken, chopped spinach, spiced quinoa & brown rice, broccoli, soya beans and lemon oil dressing

CHICKEN KATSU 13.25  
Firecracker chicken with steamed sticky rice in a spiced coconut curry sauce

SCOTTISH SCAMPI BASKET 11.95  
With fries and tartare sauce

BEER BATTERED FISH & CHIPS 13.50  
Haddock fillet, mushy peas, tartare sauce and fries

PAD THAI (V) 10.75  
With rice noodles, peppers, broccoli, free range egg, pak choi, sugar snaps, sweet chilli and peanuts  
Add tempura mushrooms (v) 2.00  
Chicken breast & prawn cracker 2.50  
King Prawns & prawn cracker 3.00  
Beef fillet & prawn cracker 3.50

CHICKEN BURRITO 11.25  
With black beans, spiced rice, peppers, Monterey Jack cheese, smashed avocado and sour cream. Served with smoked paprika fries


SALMON CAESAR SALAD 13.50  
Salmon fillet with cos lettuce, asparagus, croutons, classic Caesar dressing and Parmesan cheese

CHIMICHURRI BEEF FILLET SKEWERS 14.50  
Served with padrón peppers, black rice salad and your choice of seasoned fries or house salad


## NUTRITIOUS POWER-FOODS


Healthy, tasty dishes and salads created with nutritionist Sarah Jackson, to help you make delicious choices




SUPERGREEN NOODLE   
LAKSA 10.75  
2 of your 5 a day and rich in Vitamin C and folate  
Vermicelli noodles, spiced coconut sauce with pak choi, broccoli, spinach and beansprouts.  
Served with Sriracha sauce

AVOCADO & BLACK RICE   
SALAD 11.25  
2 of your 5 a day, rich in Vitamin C and Vitamin B6  
Avocado with nigella seeds, quinoa, soya beans, baby kale & chilli topped with coconut dressing and tortilla crisp  
We love adding chicken to this salad

THE POWER OF FIVE 9.75<sup>†</sup>   
5 of your 5 a day and 300 calories or less  
Chargrilled medley of greens, butternut squash, aubergine, mushroom, peppers and nigella seeds with a sesame and miso sauce, topped with a rice noodle cracker  
Add a side of rice for 2.00

MOROCCAN SQUASH SALAD 9.95   
2 of your 5 a day, rich in Vitamin C and 450 calories or less  
Roasted butternut squash, spiced quinoa, chickpeas, sugar snap peas, pomegranate with a coconut and turmeric dressing

### WE RECOMMEND ADDING ANY OF THE BELOW TO THESE DISHES


Chicken breast 2.50 / Halloumi (v) 2.50 / Salmon fillet 4.00  
King prawns 3.00 / Tempura mushrooms 2.00 

## PERFECT FOR LUNCH

Served until 5pm. All sandwiches and wraps are served with a choice of salad or fries (swap to sweet potato fries +1.00)

CHICKEN & AVOCADO FOCACCIA 9.95  
With smashed avocado, roasted red pepper, rocket, SunBlush<sup>®</sup> tomato and basil dressing

FISH FINGER WRAP 9.50  
Lightly breaded haddock goujons with cos lettuce and tartare sauce

VEGAN BUN 9.95   
Aubergine & harissa patty, lettuce, red onion, tomato and vegan mayonnaise served in an ancient grain bun

FILLET STEAK SANDWICH 11.50  
With crispy shallots, onion chutney, watercress and Dijon mayonnaise



CHICKEN QUESADILLA 9.95  
Chargrilled tortilla with pulled chicken, black beans, peppers and lime.  
Served with sour cream

LOBSTER MAYONNAISE SANDWICH<sup>†</sup> 10.50  
Served open, lobster mayonnaise and cos lettuce  
Add bacon 1.50

See our drinks menu for a delicious range of twisted tonics and freshly-made smoothies

## LITTLE THINGS

SEASONED FRIES 3.50   
with smoked paprika and saffron aioli (v) 4.50  
with Parmesan, truffle oil and rosemary 4.50  
with chilli non carne & Monterey Jack cheese (v) 4.75

SWEET POTATO FRIES 4.50   
RUSTIC BREAD & OIL (V) 3.95  
DRESSED MIXED SALAD 3.75 

## SWEET TREATS

CHURROS (V) 6.95  
Our favourite treat.. served with a deliciously rich chocolate sauce

BELGIAN CHOCOLATE BROWNIE (V) 5.75  
Served with bourbon vanilla ice cream

RASPBERRY & COCONUT SORBETS 3.75   
Served with raspberries and mint

RASPBERRY, HAZELNUT & CHOCOLATE CHEESECAKE (V) 5.95  
A dessert specially created by our head-chef 'Ajay' from All Bar One York  
Served with chocolate sauce

RICH CHOCOLATE POT 5.95   
Served with fresh berries

## COCKTAILS


The perfect after-dinner treat - see our drinks menu for our full cocktail list and prices

ESPRESSO MARTINI **T**  
Ketel One vodka, Tia Maria and coffee

A DAY FOR ROSÉ **■**  
Ketel One vodka, white zinfandel rosé, apple juice, lemon juice, strawberries & raspberries

PORN STAR MARTINI **T**  
Absolut Vanilia vodka, passion fruit and lime.  
Served with a shot of Prosecco

NEGRONI RISTRETTO **■**  
A pick me up twist on the classic - Bombay sapphire gin, Campari, Martini Rosso and Tia Maria

Please visit our website to view our nutritional information at [www.allbarone.co.uk/nutritional-info](http://www.allbarone.co.uk/nutritional-info). Nutritious Powerfoods - Vitamin C contributes to normal psychological function, Vitamin B6 contributes to the regulation of hormonal activity, Folate contributes to normal homocysteine metabolism. \*Tapas Tuesday - served from 4pm on Tuesdays. Each small plate will be charged at full price and not valid with any other promotion. Our Skinny burger contains 30% less energy than our classic burger. All our food and drink is prepared in a kitchen where cross contamination may occur and our menu descriptions do not include all ingredients. Some dishes may contain small bones. Full allergen information is available upon request. If you have a question, food allergy or intolerance, please let us know before placing your order. †This dish contains alcohol. (V) = made with vegetarian ingredients, (VE) or  = made with vegan ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server.

# FOOD TO BE SHARED, CELEBRATED & ENJOYED

From tasty small plates and sharing boards to nutritious power-foods – we have the perfect choice for whatever the occasion.

Join us for lunch with friends or a cosy date night.  
Relax and enjoy with a glass of the good stuff  
at All Bar One.



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